

Finding ourselves in time



Connecting with ancestors and future beings

October 11th -12th

A Deep Ecology work-shop
with

Dearbhaile Bradley & Jane Sanders

Venue: Morlinch, near Glastonbury.

Practical Information

The full cost of the week-end is £90. There are some concessionary places available for those on low incomes. To book your place please pay your deposit of £20 to

Jane Sanders at
1 Hanover Square
Silver St
Glastonbury
BA6 8BT

We'll send you a map of how to get to the venue which is about ten minutes drive out of Glastonbury

Introduction

We have lost the perception of ourselves in time that our ancestors lived by- In today's society short term thinking rules the day. "More, more, more- now, now, now- faster, faster, faster" is the mantra.

' It is like being trapped in an ever-shrinking box, in which we race on a treadmill. The economy and its technologies depend on decisions made at lightning speed for short-term goals, cutting us off from nature's rhythms, and from the past and the future as well.

Marooned in the present, we are progressively blinded to the sheer on-goingness of time. Both the company of our ancestors and the claims of our descendants become less and less real to us.

This peculiar relation to time is inherently destructive of the quality and value of our lives, and of the living body of Earth. And it will intensify because the Industrial Growth Society is, in systems' terms, on exponential "runaway" - accelerating toward its own collapse.'

Joanna Macy

The aim of deep time work is to 're-set' our inner time clocks to a saner rhythm, refreshing our spirits and finding our place in the wider evolutionary continuum. In this two day workshop, we connect with the wisdom of the ancestors and the vision of future beings. We do this to resource ourselves as we enter this present time of great uncertainty- which many are calling 'The Great Turning'.

'To make the transition to a life-sustaining society, we must retrieve that ancestral capacity - in other words, act like ancestors. We need to attune to longer, ecological rhythms and nourish a strong, felt connection with past and future generations.' JM

Through this work, we start to see our own engagement in the changes taking place and can take in nourishment and inspiration for the road ahead.

About the Facilitators

Dearbhaile has an M.A. in Counselling from Durham University and many years experience of facilitating groups, including work with the Peace and Reconciliation Department Derry City Council Northern Ireland. . She first trained with Joanna Macy in 1993 and runs Work That Reconnects' workshops in Britain and other European countries.

I am so grateful to now find myself in a position to share with others some of the experiences that I have found most deeply healing in my life. To locate myself in time radically changed my perspective on the world around me:

Jane has worked for the last 18 years as a Core Process Psychotherapist. She came across Joanna Macy's work in the early 80's and has found it profoundly inspiring encouraging her to pursue an interest in eco-psychology.

As a painter I have been involved in a project for the last year painting portraits of elders. As I painted I realized that I was being nourished by connecting to the archetype of the elder. This was part of the inspiration for this week-end.

Both Dearbhaile and Jane are actively involved in Transition Glastonbury, a locally based community initiative focused on developing more life-sustaining ways of living.